Culture and Personality

- Sociocentrism vs Egocentrism
- Dominance Hierarchies vs Egalitarianism
- Modern vs Premodern Meaning systems
- Postmodernism
Culture and Emotion

• Cognitive Model of Emotion
  – Initial appraisal
  – Emotional feeling
  – Culture based behavioral response

Therapeutic Use of Hope

• Hope is important in the healing process
• Without hope the patient gives up
• What is hope derived from?
  – Healing? Remediation of pain? Ability to cope? Purpose?
• How do we give hope?
• False hope
Coherence in Healing

- Comprehensibility
- Manageability
- Meaningfulness

Symbolic Healing

Steps of Symbolic Healing

1. The experience of clinicians and clients are structured in terms of specific symbols from a set of cultural schemas.

2. A suffering individual comes to a clinician, who negotiates the construction of a clinical reality with the client using symbols from the cultural schemas.
Steps of Symbolic Healing
(continued)

3. The clinician attaches the client’s intellect and emotions to transformational symbols particularized from the cultural schemas.

4. The healer manipulates the transformational symbols to help the client therapeutically restructure his or her cognitive appraisal of events and emotions.